

**CENTRAL VALLEY ENDOCRINOLOGY**  
**1124 N. Chinowth St., Suite 102**  
**Visalia, CA 93291**  
**(559) 713-6869**

**Patient Information Form**

**PLEASE PRINT**

**NAME** \_\_\_\_\_ **DATE** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_ **CITY** \_\_\_\_\_ **ZIP CODE** \_\_\_\_\_

**HOME PHONE** \_\_\_\_\_ **CELL PHONE** \_\_\_\_\_ **SSN** \_\_\_\_\_

**DATE OF BIRTH** \_\_\_\_\_ **SEX:**  **M**  **F** **MARITAL STATUS:**  **M**  **W**  **S**  **D**

**REFERRING PHYSICIAN/SOURCE** \_\_\_\_\_

**EMPLOYER** \_\_\_\_\_ **ADDRESS** \_\_\_\_\_ **PHONE** \_\_\_\_\_

**SPOUSE'S NAME** \_\_\_\_\_ **SPOUSE'S SSN** \_\_\_\_\_

**SPOUSE'S DOB** \_\_\_\_\_ **SPOUSE'S EMPLOYER** \_\_\_\_\_ **PHONE** \_\_\_\_\_

**NAME OF CLOSEST RELATIVE NOT LIVING WITH YOU** \_\_\_\_\_

**PHONE** \_\_\_\_\_ **RELATIONSHIP** \_\_\_\_\_

**RESPONSIBLE PARTY IF UNDER 18:**

**NAME** \_\_\_\_\_ **RELATIONSHIP** \_\_\_\_\_

**ADDRESS** \_\_\_\_\_ **CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_

**PRIMARY INSURANCE OR INDUSTRIAL CARRIER** \_\_\_\_\_

**SUBSCRIBER'S NAME** \_\_\_\_\_ **SSN** \_\_\_\_\_ **DOB** \_\_\_\_\_

**ID #** \_\_\_\_\_ **GROUP #** \_\_\_\_\_

**INSURED** \_\_\_\_\_ **RELATIONSHIP TO PATIENT** \_\_\_\_\_

**SECONDAY INS.** \_\_\_\_\_ **SSN** \_\_\_\_\_ **DOB** \_\_\_\_\_

**GROUP #** \_\_\_\_\_ **POLICY #** \_\_\_\_\_ **RELATIONSHIP** \_\_\_\_\_

**INSURED** \_\_\_\_\_ **RELATIONSHIP TO PATIENT** \_\_\_\_\_

I REQUEST THAT PAYMENT UNDER MY INSURANCE PROGRAM BE MADE TO EITHER ME OR ON MY BEHALF TO PREM SAHASRANAM, MD FOR ANY SERVICES FURNISHED TO ME BY THE CLINIC. I AUTHORIZE THE RELEASE OF ANY MEDICAL INFORMATION NECESSARY FOR THE PURPOSE OF EVALUATING BENEFITS OR PROCESSING OF A CLAIM.

IN THE EVENT THAT I DO NOT PAY FOR SERVICES PROVIDED BY THIS OFFICE AND THE ACCOUNT IS PLACED FOR COLLECTION, I OR WE UNDERSTAND AND AGREE THAT AN ADDITIONAL AMOUNT EQUAL TO 40% OF THE BALANCE OWING AT THE TIME THE ACCOUNT IS PLACED FOR COLLECTION WILL BE ADDED TO THE CURRENT BALANCE OWING. IN ADDITION TO A COLLECTION FEE OF 40% OF THE BALANCE OWED, I OR WE AGREE TO PAY INTEREST AT THE RATE OF 10% PER ANNUM UNTIL THE AMOUNT OWED IS PAID IN FULL. I OR WE FURTHER AGREE TO PAY ALL ATTORNEYS FEES AND COURT COSTS NECESSARY TO COLLECT THIS BALANCE. I AGREE TO A \$25.00 CHARGE FOR A MISSED APPOINTMENT NOT CANCELLED AT LEAST 24 HOURS IN ADVANCE OF THE DATE OF MY SCHEDULED APPOINTMENT. THIS CHARGE CANNOT BE BILLED TO MY INSURANCE.

\_\_\_\_\_  
**SIGNATURE (PATIENT OR GUARANTOR, IF MINOR)**

\_\_\_\_\_  
**DATE**

**CENTRAL VALLEY ENDOCRINOLOGY**

**PREM SAHASRANAM, M.D.**

**1124 N. Chinowth St., Suite 102  
Visalia, CA 93291  
(559) 713-6869**

**MEDICAL HISTORY QUESTIONNAIRE FORM**

NAME \_\_\_\_\_ DATE \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Height: \_\_\_\_\_ Weight \_\_\_\_\_

**INITIAL HISTORY**

**1. Why are you coming to the doctor?** \_\_\_\_\_  
\_\_\_\_\_

**2. Referring Physician:** \_\_\_\_\_

**3. Have you ever had any of the following? (Please check)**

- |  |                                       |   |
|--|---------------------------------------|---|
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Stroke       | <input type="checkbox"/> Thyroid Problems     |
| <input type="checkbox"/> High Cholesterol    | <input type="checkbox"/> Heart Attack | <input type="checkbox"/> History of Radiation |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Angina       | <input type="checkbox"/>                      |
| <input type="checkbox"/> Cancer: (specify)   | _____                                 |   |
| <input type="checkbox"/> Other: (specify)    | _____                                 |   |

**4. List any surgeries that you have had:**

Surgery: \_\_\_\_\_ Year: \_\_\_\_\_  
Surgery: \_\_\_\_\_ Year: \_\_\_\_\_  
Surgery: \_\_\_\_\_ Year: \_\_\_\_\_

**5. List any past hospitalizations:**

When: \_\_\_\_\_ Why: \_\_\_\_\_  
When: \_\_\_\_\_ Why: \_\_\_\_\_  
When: \_\_\_\_\_ Why: \_\_\_\_\_

**6. What medications are you taking?**

List current medications including over-the-counter medications such as diet or allergy pills or herbal supplements:

*(If more space is needed, please provide the rest of medications on the back of this page.)*

<u>Medication</u>	<u>Dose</u>	<u>Frequency</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
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_____	_____	_____
_____	_____	_____
_____	_____	_____

**If Diabetic, see Diabetes Questionnaire**

**7. Are you allergic to any medications?**  Yes  No

If yes, which ones: \_\_\_\_\_  
\_\_\_\_\_

**8. Family History**

**A. Do you have family members with diabetes?**  Yes  No

Name \_\_\_\_\_ Relationship \_\_\_\_\_

**B. Do you have family members with a thyroid problem?**  Yes  No

Name \_\_\_\_\_ Relationship \_\_\_\_\_

**C. Please check if blood related members of your family have had any of the following:**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Heart Disease     | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Obesity       |
| <input type="checkbox"/> Stroke            | <input type="checkbox"/> High Cholesterol    | <input type="checkbox"/> Breast Cancer |
| <input type="checkbox"/> Menstrual Problem | <input type="checkbox"/> Prostate Cancer     | <input type="checkbox"/> Bone Problem  |
| <input type="checkbox"/> Adrenal Problem   | <input type="checkbox"/> Pituitary Problem   |  |

9. Immunization

When

Flu Shot

\_\_\_\_\_

Pneumonia Vaccine

\_\_\_\_\_

10. Social History

A. MARITAL STATUS:  M  W  S  D

B. Alcohol Use (# of drinks per week)

0

Occasional

1-6

7-12

Tobacco Use

(# of packs per day) \_\_\_\_\_

If former smoker, how long ago did you quit?

\_\_\_\_\_

C. Education completed?

Grade School

High School

College \_\_\_\_\_

D. Any history of illicit drug use?

Yes

No

\_\_\_\_\_

11. Current Symptoms

A. General

Weight gain

How much? \_\_\_\_\_ pounds

Weight loss

How much? \_\_\_\_\_ pounds

Weakness

Fatigue

B. Skin

Hair loss

Itching

Dryness

C. Eyes, Ears, Nose & Throat

Blurred vision (recent)

Cataract

Laser Treatment (not LASIK)

When? \_\_\_\_\_

D. Chest

Cough

Shortness of breath

**Cardiovascular:**

- Chest pain
- Palpitations
- Shortness of breath w/ exertion
- Shortness of breath while lying flat
- Swelling of the legs/ankles
- Painful legs while walking
- Foot ulcers

**Gastrointestinal:**

- Loss of appetite
- Excessive hunger
- Heartburn
- Nausea
- Abdominal pain
- Constipation
- Loose bowel movements (diarrhea)

**Urinary**

- Frequent urination
- Problems starting stream
- incontinence

**Genital**

Libido (desire)      Normal      \_\_\_\_\_ Low      \_\_\_\_\_

**Men**

Erection problems

**Women**

Regular periods

No. of Pregnancies \_\_\_\_\_

Menopause @ Age \_\_\_\_\_

natural

surgical

Age periods started \_\_\_\_\_

Last menstrual period \_\_\_\_\_

**Musculoskeletal**

Arthritis   
What joints bother you the most  
\_\_\_\_\_

Tendonitis/Bursitis

Back or neck pain

**Neurological**

Frequent headaches

Burning sensation in the feet and hands

Depressed

Mood swings

**If you are seeing Dr. Sahasranam for Diabetes, please fill out the Diabetic First Questionnaire, as well.**

\_\_\_\_\_  
**Patient Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
Prem Sahasranam, M.D. (Reviewed with patient)

\_\_\_\_\_  
Date

